

2021 Annual Report

### Paulina, now 28,

suffered a prolonged, obstructed labor during her most recent pregnancy. She was treated at Evangel Vesico-Vaginal Fistula Center (EVVF) in Jos, Nigeria, and today she is a happy mother of three.

We believe that no woman should suffer a life of misery simply for trying to bring a child into the world. Inspired by that belief, we work to provide life-transforming surgeries to women who have undergone devastating childbirth injuries.

With your help, we are expanding access to care across Africa and Asia. Together, we can end fistula within a generation.

### Empowered by your generosity,

the healthcare heroes in our network bring the miracle of healing to women who have known the shame and isolation caused by fistula. Countless acts of grace go into this work the work of transforming a woman's life.

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### Soanezy, age 30,

suffered alone with fistula in her small village. Then, with support from providers like Nurse Fenosoa (shown here), she received treatment at SALFA Betela Hospital in Morondava, Madagascar. Afsana developed fistula at age 25. Thankfully, she found healing at Koohi Goth Hospital in Pakistan. "The doctors worked very hard with me and took great care of me," said Afsana. "Now, I am cured!"

# Because of you, we are meeting the

moment for women across the world:

• 65,000+ life-changing surgeries since 2009 • 9,000+ surgeries across 24 countries in 2021 • 8 new partners from 6 countries in 2021

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**Despite adversity**, 2021 was a momentous year for Fistula Foundation. Our partners—resilient in the face of Covid-19—changed the lives of thousands of women. Equally important, they continued building the capacity to help more women in 2022, and beyond. Because of their dedication, and thanks to your support, we are stronger than ever. **Rachel**, a 17-year-old fistula patient, received life-changing care during a surgical outreach effort hosted by Artemedis at Mashoko Christian Hospital in Zimbabwe. Today, she has her whole life ahead of her.

# A Bridge to Healing

Fistula Foundation is simply a bridge. On one side of that bridge are women whose lives have been decimated by fistula and the doctors trained to heal their injured bodies. On the other side are compassionate, selfless people who step up to provide the priceless gift of health to women they will likely never meet. What flows across that bridge is loving kindness, given in the form of money by donors who take quiet satisfaction in knowing that they have helped give a woman a new life.

— Kate Grant **Chief Executive Officer** 

# A Lesson in the Joy of Giving



### The Power of a Loving Legacy

Madelaine Einbinder and Leda Rapp are twin sisters who always believed in giving back to their communities, both during their lifetimes and after death. Leda, who made her home in the Lowcountry region of South Carolina, died after a long illness in 2019. In her estate planning, she had named Fistula Foundation as a beneficiary and had selected Madelaine to administer the estate. Today, Leda's legacy endures in the lives of women in Africa and Asia who have benefited from her posthumous giving.

"This year marks the fourth and final year of my distribution of Leda's estate to charity," said Madelaine. "I am so glad that Fistula Foundation has been my lodestar, embodying all that Leda and I hoped a charity could be."

OUR DONORS

# A Story of Healing Starts with You

Your decision to support women with fistula is a selfless act of love. It's powerfully simple, and simply powerful: Thanks to your compassion and generosity, our partners can do the work of transforming a woman's life. Here's how kind people like you are supporting women in need.

Jane Bier has been inspiring students to give back to their communities for nearly two decades. Each year, in her women's studies class at Elyria High School in Elyria, Ohio, she holds a fundraiser to support charities that help women in need. For the past 16 years, Fistula Foundation has benefited from the generosity of Jane and her students.

"I always encourage my students [to see] that they have the power to change themselves, and to effect positive change in the lives of others," said Jane. "It doesn't take a lot to impact a life. By giving a little, you get so much. Without donors, this work can't be done. We all have an obligation to help these women."



### Giving That's Good for Business



*After reading* The Life You Can Save, *by Peter Singer, Andrei Smith* was inspired by Singer's model of Effective Altruism. The idea of giving to causes in which his money would do the most good spoke to Andrei's perspective as a businessman. At the time, he worked as a car salesman in San Jose, California, and for several years he donated 5% of each commission to organizations—including Fistula Foundation—on Singer's exclusive list of effective charities.

Today, Andrei works at a software company, where he encourages colleagues to practice effective giving. "Last year, I did a short presentation to my new company about Effective Altruism and mentioned my connection to Fistula Foundation," said Andrei. "The talk resonated with the team, and one executive—Ian [Alexander], a long-term good friend of mine—decided to begin giving to Fistula Foundation." (See Ian's story on the opposite page.)

# **Old Friends Share** New Ways of Giving Back



### **Ethical Investment Firm Is** Changing Lives in Pakistan

Australian **Ethical** Foundation Australian Ethical Foundation (AEF) is the charitable arm of Australian Ethical, a leading investment firm that manages pension funds. AEF exists to direct philanthropic resources to effective climate solutions, and it has identified empowering women and girls as an *important component of that mission. Part of AEF's strategy involves* improving healthcare access for vulnerable women, and in 2021 it began funding our work to provide fistula surgeries in Pakistan.

*"With Fistula Foundation, you can have full confidence that your"* donation is creating direct and meaningful outcomes in the lives of women—helping as many women as possible live dignified lives," said Nick Chadwick, head of the foundation. "Better yet, the ripple effect of healthy, empowered women creates even more impact for their families and community."

# A Birthday Bash That Gives Back



Sheila Bell hosted her first birthday fundraiser to benefit Fistula Foundation in 2004. She had recently learned about the plight of fistula patients, and was inspired to host a luncheon for their benefit. Now in its 17th year, this "labor of love"—as she affectionately calls her annual luncheon—has migrated with Sheila from New Jersey to Florida, and the quest list has quadrupled in size. Sheila, a retired teacher who taught for 40 years, loves educating people about fistula.

"When I give my pitch, people are like 'Oh, wow, that's amazing, I'd love to contribute to that.' It's about the collective effort and how many lives we can change. The power of one is not that great, but the power of many is wonderful." This year, thanks to matching funds, Sheila's birthday fundraiser brought in nearly \$12,000-an amount that will help transform the lives of 20 women.

Ian Alexander, a businessman based in Sacramento, California, was looking for a charitable giving opportunity when he attended a talk at his company by Andrei Smith. (Andrei, a friend of Ian's since high school, now works for the company. See his story on the opposite page.) After the talk, the stars seemed to align for Ian. His wife, Jessie Becker Alexander (shown here with Ian), has a background in women's health, and she started a medical device company to help women who experience postpartum hemorrhages.

Now, twice each month, Ian makes a donation to Fistula Foundation through a donor-advised fund. Paying for women's surgeries has brought a different meaning to everyday work, he explained: "I like that the impact is tangible. Unlike other worthy causes that can't necessarily be solved in a simple way, fistula is a quantifiable problem with a clear solution."

# Raising Their Voices for the Voiceless

Because fistula is a little-known condition, it takes the work of many kindhearted and dedicated people to champion the cause of women who suffer in silence. If it weren't for the awareness raised by these trusted ambassadors, we would not be where we are today.



Dr. Shershah Syed is an expert fistula surgeon—and executive director of the Pakistan National Forum on Women's Health who advocates for women's rights in Pakistan.



Nicholas Kristof is a Pulitzer Prize-winning reporter who uses his platform as a journalist to illuminate the plight of fistula patients across the world.



Peter Singer is a renowned ethicist whose organization, The Life You Can Save, has recommended Fistula Foundation as one of the "best charities for effective giving" since 2014.



# Channeling Empathy into Action

You don't have to be a surgeon or a celebrity to make a difference. Take it from Paul Muli, a pharmaceutical technologist in Kenya whose empathy prompted him to help a woman with fistula.

When Nicaka walked into Paul's pharmacy, he knew she was hiding a painful history. She would regularly visit him for antibiotics, and always seemed distressed.

One day, Nicaka appeared especially sad<br/>and worn out. Paul worked up the courage to<br/>ask her about her health challenges. Nicaka<br/>bravely shared her story: For five years, she<br/>had been silently suffering with fistula. "I<br/>have a big heart, and it was broken over her<br/>condition," said Paul.Today, Nicaka is dry! She and Paul continue<br/>to be advocates for women with fistula,<br/>helping them access care from our partners.<br/>"I'm so thankful to Fistula Foundation for the<br/>work that you are doing, and the many lives<br/>that you're impacting," said Paul.



Determined to find free care for Nicaka, Paul conducted research about fistula and learned about Fistula Foundation. After he reached out to us, our U.S-based team connected him with our team in Kenya. As it turned out, a hospital that could treat Nicaka for free was located less than 3 kilometers (less than 2 miles) from her home. The facility took down Nicaka's information and arranged care for her shortly after Paul contacted its staff.

# Surgery Is the Only Cure

We focus on one measurable outcome: the number of women we can heal through life-transforming surgery. Through our comprehensive treatment model, our partners support all of the critical steps along a woman's journey to healing. In collaboration with them, we are working to end obstetric fistula within a generation.



# Our Plan to End Fistula

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We sponsor innovative efforts to spread the word about fistula—including radio ads, flyers, skits and comedies at community rallies, and events to enlist male advocates.

#### **Community Reintegration** Women re-enter society with confidence,

thanks to programs that offer skills training, financial assistance, and support groups with fellow fistula survivors.

#### Medical Rehabilitation

After women receive lifetransforming surgery, care providers give them special instructions for recovery, along with access to psychological counseling.

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#### **Fistula Repair Surgery**

Expert fistula surgeons, equipped with high-quality tools and empowered with training to hone their skills, provide women with world-class surgical care.



#### **Community Awareness**



Trained community health volunteers conduct outreach in rural areas, seeking out women with fistula and referring them for treatment at our partner facilities.

### **From Patient** to Advocate

Women return to their communitiesdry, restored, and hopeful. Many become lifelong advocates who help other women access the treatment they need. And so the cycle of care begins, again.



Through the Fistula Foundation Treatment Network, staff members screen women who may have fistula and connect them to a facility that will best serve their needs.



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#### **Pre-Surgery Care**

Staff members at our partner facilities specially trained in fistula care and management-prepare each patient for surgery, both physically and emotionally.



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We cover costs associated with bringing women who need fistula treatment to an appropriate facility.

#### OUR NETWORK

# A Comprehensive Model of Care

In 2014, we launched a groundbreaking initiative: a holistic, countrywide fistula treatment network in Kenya. Three years later, we expanded this model to Zambia, and today we are extending it to the Democratic Republic of Congo.

From outreach to surgery to reintegration, the Fistula Foundation Treatment Network brings together hospitals, teams of community health workers, and grassroots groups. With this approach and with your support—we are working to end fistula, one country at a time.



**Treatment Network** 





At left, from the top: WADADIA, WADADIA, Chilenje Hospital, Mansa General Hospital; at right, from the top: Daraja Mbili, WADADIA, Gynocare Hospital, WADADIA



**OUR PARTNERS** 

# More Partners, More Surgeries, More Women Healed

Fistula Foundation had a record-breaking year in 2021. We expanded our network of partners to reach new regions and new countries. Today, our partner surgeons are performing more surgeries to heal more women in more places than any comparable organization in the world.



#### **Fistula Foundation Partners**

#### Afghanistan

Cure Hospital, a Be Team International Facility

#### Angola

Centro Evangelico de Medicina de Lubango (CEML) Unidade Fistula Obstetrica (UFO)

#### Bangladesh

Hope Foundation for Women and Children of Bangladesh Kumudini Women's Medical College and Hospital

#### Benin

Artemedis - Parakou University Teaching Hospital (primary facility)

#### Burkina Faso

Association Renaissance (ARENA)

#### Chad

Artemedis – Village des Femmes Abeche Hospital (primary facility)

#### Democratic Republic of Congo

Artemedis – Luebo Hospital (primary facility)
istula Program DRC (FISPRO)
HEAL Africa
Panzi Hospital
Rwankole Hospital
Ethiopia
Dr. Andrew Browning
Healing Hands of Joy
/illage Health Partnership
Guinea
Artemedis - Djigui Espoir Social Medical Center (primary facility)
Kenya
Bomu Hospital
Cherangany Nursing Home
Daraja Mbili Vision Volunteers Youth Group (DM)
Garissa County Referral Hospital
Gynocare Fistula Centre
Jamaa Home and Mission Hospital – Edevale Trust
Kapenguria County Referral Hospital
Kisii Gynocare Fistula Centre
Aaisha Empowerment Initiative (MEI)
Narok County Referral Hospital
/ihiga County Referral Hospital
Vomen & Development Against Distress in Africa (WADADIA)
Vomen Education and Health for Development (WOHED)

#### Madagascar

Malawi

Freedom from Fistula Foundation

#### Mali

SALFA

Artemedis - National Referral Hospital Point G (primary facility)

#### Mauritania

Artemedis - Sheikh Zayed Hospital

#### Mozambique

Focus Fistula

#### Nepal

Fistula Free Nepal International Nepal Fellowship

Public Health Concern Trust–Nepal / CBRHCC

Public Health Concern Trust-Nepal / Kathmandu Model Hospital

#### Nigeria

Evangel Vesico-Vaginal Fistula Centre (EVVF) Family Life Centre / V.V.F Hospital, Itam Fistula Foundation, Nigeria

Nigeria National Fistula Program

#### Pakistan

Pakistan National Forum on Women's Health

#### Rwanda

Ubi Caritas

#### Senegal

Dr. Charlotte Polle

#### Somaliland

Edna Adan Maternity Hospital National Borama Fistula Hospital

#### South Sudan

Artemedis – Juba University Hospital (primary facility) Global Health Ministries

#### Tanzania

Association of Obstetric Fistula Surgeons of Tanzania (AOFST) Bugando Medical Centre Comprehensive Community Based Rehabilitation in Tanzania (CCBRT) Maternity Africa Nkinga Referral Hospital

#### Uganda

Comprehensive Rehabilitation Services in Uganda (CoRSU) Kitovu Hospital Uganda Childbirth Injury Fund Uganda Village Project

#### Zambia

Chilenje Level I Hospital	
Chilonga Mission Hospital	
Kabwe General Hospital	
Mansa General Hospital	
Mbala General Hospital	
Monze Mission Hospital	
St. Francis Katete Mission Hospital	

#### Zimbabwe

Artemedis - Mashoko University Hospital (primary facility)

OUR COMMUNITY

# Your Generosity **Fuels Their Compassionate Care**

Our partners work on the frontlines of fistula care every day. They dedicate their lives to saving women from the scourge of a devastating condition—because, to them, seeing a woman smile again is priceless.



Honoring a Legacy of Healing

Dr. Tom Raassen, a longtime leader in fistula treatment, retired in 2021 after decades of service. By our estimate, Dr. Raassen performed fistula surgeries in more countries than any other surgeon in the world.









🖸 At left, from the top: Sumy Sadurni/GGImages, Khaula Jamil, Michael Goima/GGImages, Sumy Sadurni/GGImages, ; at right, from the top: Roshni Lodhia/GGImages, Benson Ibeabuchi/GGImages, Roshni Lodhia/GGImages, Bienfait Tussi



A staff member from our partner Daraja Mbili Vision Volunteers in Kenya hands out PPE (personal protective equipment)—paid for by supporters of our Covid-19 Emergency Response Fund—at a training event for community health volunteers.

OUR COMMITMENT

Your Support

**Keeps Them Strong** 

In moments of adversity—a national crisis, a global

pandemic—our supporters and our partners worked

together to deliver resources to people in need.

An angel donor provided special funding to support hospital operations and medical outreach, as well as an ambitious nutrition program, in Afghanistan. This gift was a lifeline for Afghans, and Fistula Foundation was proud to facilitate it. Our partner Cure Hospital, a Be Team International facility, helped manage this funding. Here, Afghan families in the capital city of Kabul await the distribution of a three-month supply of oil, flour, rice, and beans. "We are so grateful to Fistula Foundation for enabling us to have enough PPE as we continue with our community work to help poor women access fistula care. I will never stop working, because I feel well protected."

— Everlyne Bosire Community Health V araja Mbi

Community Health Volunteer from Daraja Mbili

# Your Gift Is in Good Hands

Year after year, we receive the highest rating from every major charity watchdog group. We work hard to earn and keep your trust—because your gift is precious to us: It has the power to change a woman's life.



**Charity Navigator** 

Fistula Foundation has earned an "exceptional" four-star rating for 16 years in a row an honor that only 1% of evaluated charities receive.



**BBB Wise Giving Alliance** 

Each year since 2006, Fistula Foundation has met all 20 of the BBB Standards for Charity Accountability.



GreatNonprofits

Thanks to more than 770 reviews from supporters like you, Fistula Foundation was named a Top-Rated Charity in 2021.



**Charity Watch** 

Fistula Foundation has earned an A rating from Charity Watch, and is one of only 34 charities on Charity Watch's list of Top Rated International Organizations.



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The Life You Can Save

The Life You can Save—

cofounded by Peter

Singer—has featured Fistula

Foundation on its list of the

"best charities for effective

giving" since 2014.

GuideStar

GuideStar has awarded Fistula Foundation a Platinum rating, given to organizations that demonstrate the highest level of transparency.



Revenues and Support	Without Donor Restrictions	With Donor Restrictions	Total
Contributions	\$10,535,622	\$6,933,959	\$17,469,581
Net Investment Income (loss)	\$1,202,770	\$1,396,758	\$2,599,528
Net Assets Released from Restriction for Purpose	\$6,154,332	(\$6,154,332)	_
Total Revenues and Support	\$17,892,724	\$2,176,385	\$20,069,109
Expenses			
Program Services	\$11,209,216	_	\$11,209,216
Management and General	\$1,040,255	_	\$1,040,255
Fundraising Expense	\$1,054,868	_	\$1,054,868
Total Expenses	\$13,304,339	_	\$13,304,339
Change in Net Assets	\$4,588,385	\$2,176,385	\$6,764,770
Net Assets at Beginning of Year	\$2,729,387	\$12,326,582	\$15,055,969
Net Assets at End of Year	\$7,317,772	\$14,502,967	\$21,820,739

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### **2021 Financials**

#### **Overall Spending in 2021**

# United by a Global Mission to End Fistula



































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#### **Fistula Foundation Team**

#### Team U.S.

Kate Grant Chief Executive Officer

Anne Ferguson Deputy Director

**Lindsey Pollaczek** Vice President of Programs

Kelly Anderson Senior Director of Philanthropy Darren Blankenship Database Administrator

Jesse Chu Program Manager Hannah Garone

Donor Relations Manager

**Pam Lowney** Senior Director of Strategic Initiatives Michael Slind Senior Director of Marketing and Communication Carol Tillman

Data Entry Clerk

Senior Writer **Morgan Walter** Video Producer and Editor

#### Team Kenya

Habiba Corodhia Mohamed Regional Director Nelson Musa Program Manager

#### Team Zambia

Bwalya Chomba Program Director Victor Chibale Driver Emmanuel Chiluba Senior Program Officer

> Martin Chiyana Program Officer Jordan Chileshe Chomba Driver

Kalumba Kaputo Senior Program Officer

#### Jameson Kaunda Monitoring and Evaluation Coordinator

Florence C Mulenga Administrative Officer

Patricia Tempo Program Officer

Mascot

Lizzy



















#### **Board of Directors**

**Ling Yang Lew** Chair **Thomas Huntington** Member

Cleo Kiros Member

Dr. Charlotte Polle Member Gillian Slinger Member Vanessa Taylor Member

#### **Medical Advisors**

Dr. Steve Arrowsmith Dr. Andrew Browning



#### **Miza** madagascar

Miza, a 16-year-old from Betsingivoky in Madagascar, developed fistula after suffering a prolonged, obstructed labor. Her life with fistula was horribly lonely. She couldn't go to the market because her neighbors hated her. They spat on her when she walked by. Eventually, she heard that treatment was available at Betela Hospital in Morondava. Thanks to donors like you, every cost of Miza's care was covered, including the transportation she needed to get to the hospital. "Without [Fistula Foundation], I would still be suffering," said Miza. "I thank them for healing me."